



## **JO EVANS - SHARE YOUR MESSAGE**

### **PUBLIC + ONLINE SPEAKING and PRESENTATIONS SKILLS COACHING INTRODUCTORY ONLINE 3 WEEK SPEAKING + PRESENTING COURSE**

#### ***Dates/times of the course***

- ◆ *New dates available each month – see booking link at end of flyer*
- ◆ *1.5 hours a week over 3 consecutive weeks*

#### ***Do you want to ...***

*Face and embrace your fears about speaking in front of others?*

*Become a more confident and engaging public speaker?*

*Build on your speaking skills in a safe and supportive environment?*

*Explore ways to engage more effectively with your colleagues and the people you support?*

*Look at ways to let people know about the great work you do or would like to do?*

#### ***About your coach – Jo Evans***

*I am an experienced Public + Online Speaking and Presentation Skills Coach, Presenter, TEDx Speaker Trainer, Distinguished Toastmaster and Life Coach. I have many years' experience as a trainer, teacher and coach. My approach is to create a fun, safe and supportive environment allowing participants to enjoy the learning experience. I bring my passion and enthusiasm for public speaking to every session!*



#### ***Overview of the course***

- ◆ *Mindset/Be kind to yourself*
- ◆ *Body Language – face to face and online*
- ◆ *Plan your talk – who are your audience and what do you want to say*
- ◆ *The Power of the Pause*
- ◆ *Great ways to start a talk*
- ◆ *Using stories to engage with your audience*
- ◆ *Vocal variety*
- ◆ *Preparation and practicing your talk*

## **Structure of the Coaching Course**

- ◆ You will be part of a small and supportive group (max 4 people) – (no min number!)
- ◆ Coaching will be delivered online using Zoom
- ◆ The training is very hands-on and interactive, enabling participants to develop confidence in putting new skills into practice.
- ◆ Key speaking skills will be taught each week
- ◆ Supportive feedback is given and is a fundamental part of helping every participant to increase their expertise and learning as part of the group
- ◆ You will give a short talk (2 – 4 mins) every session, allowing you to use new skills and develop greater confidence. Guidance on preparing talks will be provided.

## **Cost of the Coaching Course – Pricing Jan to April 2021**

- ◆ \$250 for the course of 3 group coaching sessions (total 4.5 hours) plus email support between the sessions
- ◆ Plus, option to book an additional 1 hour one-on-one session with Jo to develop a particular talk/presentation/practice for interview for special reduced rate of \$100 (normal hourly rate \$150)

### **If you work for a NFP/are low paid there is the following reduced cost option**

- ◆ \$150 for the course of 3 group coaching sessions (total 4.5 hours) plus email support between the sessions Use **CODE NFP** to get this pricing

## **Testimonials**

*“I would highly recommend Jo's workshops, they are very supportive, encouraging and a safe space to grow and develop. I participated in an online course and truly felt connected to the other in the group and Jo. Thanks, Jo, for your amazing knowledge and energy and the very supportive way you lead the workshops”*

**Julie Ellemor, Team Leader, The Smith Family**

*“Jo is fantastic at teaching what makes a great speech in terms of structure, developing engaging content, and generating the confidence required to deliver an outstanding presentation. Her mentoring comes highly recommended.”*

**Andrew Hickenbotham, Principal, Strategy Lab**

## **For more information about my courses/if you have any questions**

You can contact me at [jo@shareyourmessage.com.au](mailto:jo@shareyourmessage.com.au)

My website is [www.joevans.com.au](http://www.joevans.com.au)

To see testimonials from previous clients <https://www.linkedin.com/in/jo-evans/>

To book/see dates <https://JoEvans-ShareYourMessageBookingPage.as.me/>